

7 June 2019

## **Australian Polo Federation Concussion Policy**

The Australian Polo Federation fully endorses the <u>Concussion in Sport Australia Position</u> <u>Statement</u>. The Position Statement brings together the most contemporary evidence-based information for athletes, coaches, medical & allied health practitioners, parents and teachers, and seeks to protect the integrity of sport through the consistent application of best practice guidelines and, ultimately, improve safety and health outcomes for all who suffer concussive injuries whilst participating in sport. The APF concussion policies and procedures are aligned with the Position Statement.

We encourage all clubs, tournament committees, umpires, officials, players & parents to familiarise themselves with the <u>Concussion Recognition Tool</u> and <u>Concussion In Sport Infographic</u>. The <u>Concussion in Sport website</u>, has all the resources needed including the return to play protocols for concussions. Clubs, umpires and officials can learn about the methods used to recognise and manage a suspected sport-related concussion online - <u>click here to access the learning portal</u>.

"IF IN DOUBT - SIT THEM OUT"

Tim Clarke Chairman, Australian Polo Federation