



Level 1 – Practical Coaching Test

Assessment Area	Criteria	Competent / Not Yet Competent
A. Introduction	Arrives punctually and is prepared for the session.	<input type="checkbox"/> / <input type="checkbox"/>
	Dressed appropriately for instruction.	<input type="checkbox"/> / <input type="checkbox"/>
	Demonstrates awareness of venue logistics (parking, bathrooms, safety zones).	<input type="checkbox"/> / <input type="checkbox"/>
B. Polo Coaching Delivery	Has a clear, structured session plan aligned to students' goals.	<input type="checkbox"/> / <input type="checkbox"/>
	Has clear contingency/back-up plans for weather or unsafe field conditions.	<input type="checkbox"/> / <input type="checkbox"/>
	Uses equipment effectively and engages helpers or volunteers where needed.	<input type="checkbox"/> / <input type="checkbox"/>
	Demonstrates appropriate subject knowledge (general equestrian/polo).	<input type="checkbox"/> / <input type="checkbox"/>
C. Subject Knowledge	Demonstrates technical understanding of polo skills.	<input type="checkbox"/> / <input type="checkbox"/>
D. Communication & Conduct	Engages all students in the session; promotes inclusion and connection.	<input type="checkbox"/> / <input type="checkbox"/>
	Delivers content that is informative and enjoyable.	<input type="checkbox"/> / <input type="checkbox"/>
	Demonstrates openness to feedback and suggestions for improvement.	<input type="checkbox"/> / <input type="checkbox"/>

Comments:

Assessor Name: _____

Candidate: _____

Date: _____

Club: _____

Once completed, please email a copy of this form to apf@australianpolo.com.au