



Level 2 – Practical Coaching Test

Assessment Area	Criteria	Competent / Not Yet Competent
A. Introduction	Arrives on time and is prepared for the session.	<input type="checkbox"/> / <input type="checkbox"/>
	Dressed appropriately for coaching (e.g., polo boots and helmet).	<input type="checkbox"/> / <input type="checkbox"/>
	Provides a clear explanation of the lesson plan and has a back-up plan prepared.	<input type="checkbox"/> / <input type="checkbox"/>
	Delivers the lesson confidently, giving clear and precise instructions.	<input type="checkbox"/> / <input type="checkbox"/>
B. Skills	Has ability to coach team up to 6 Goal level.	<input type="checkbox"/> / <input type="checkbox"/>
	Has ability to coach players to a handicap of 4 Goals.	<input type="checkbox"/> / <input type="checkbox"/>
	Explains the rules of polo clearly and accurately.	<input type="checkbox"/> / <input type="checkbox"/>
	Provides clear instruction on set plays and tactical strategies.	<input type="checkbox"/> / <input type="checkbox"/>
	Understands swing techniques and can adjust or correct a player's technique as needed.	<input type="checkbox"/> / <input type="checkbox"/>
	Coaches effective riding drills.	<input type="checkbox"/> / <input type="checkbox"/>
	Demonstrates a strong understanding of horse selection and horse welfare.	<input type="checkbox"/> / <input type="checkbox"/>
C. Communication & Conduct	Answers questions confidently and accurately.	<input type="checkbox"/> / <input type="checkbox"/>
	Promotes inclusion and builds positive connections with players.	<input type="checkbox"/> / <input type="checkbox"/>
	Is open to feedback and actively seeks ways to improve.	<input type="checkbox"/> / <input type="checkbox"/>



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Comments:

Assessor Name: _____

Candidate: _____

Date: _____

Club:

Once completed, please email a copy of this form to apf@australianpolo.com.au